

My Morning Prayer

I first recollect who my higher power is
Beginning at the limit of human understanding
Spooky action at a distance
Quantum entanglement
And looking down into the abyss of not knowing
I realize the infinity of my ignorance.
What then can I do?
I look upward and see
Quantum mechanics
The depths of nuclear physics
Electron orbitals
Atoms
All the while discerning that naming the four forces
Is not knowing them.
I continue looking upward
At molecules
With their molecular orbitals
And then see DNA and proteins
Enzymes which make life possible
And then life itself
Living things
And see that without further intervention
From first intention only
Living things have consciences!
What could be more miraculous?
So then my higher power
Includes everything
Omits nothing
Even myself
A very small part of this perfect integrity
I then see my own imperfection
I am a but work in progress
An incomplete design.
Prominent among my shortcomings
Is my tendency to addiction
My drug of choice: alcohol
And I pray that my higher power
Keep me today from that first drink.